

KATHLEEN BREY RAPP

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LICENSE

Licensed Clinical Social Worker, California, 1986.

DEMONSTRATED SKILLS

Training/Facilitation

- Conducted needs assessments
- Designed, facilitated and provided trainings
- Evaluated programs for effectiveness

Organizational Development

- Administered task forces and work teams
- Coordinated interdisciplinary teams
- Conducted assessments of workplace issues
- Intervened and resolved organizational problems

Individual/Family Counseling and Coaching

- Specialization in brief therapy
- Extensive experience with mood disorders, anxiety, trauma
- Executive and professional coaching to help clients achieve career/life goals

PROFESSIONAL EXPERIENCE

Therapist, Private Practice, Solana Beach, CA. Aug. 2000 – Present.

Provide a variety of services to a diverse client population. Services include:

- Psychotherapy, EMDR, and EFT
- Brief, solution-focused treatment for children and adults
- Executive and personal coaching
- Training and consultation

Therapist, PsyCare, San Diego, CA. April 1994 – Aug. 2000.

Provided individual, couples and family therapy. Worked with children, adolescents and adults doing assessments, treatment planning, brief and long-term counseling. Supervised licensure interns.

Senior Services Director, *Jewish Family Service, San Diego, CA. Sept. 1989 - Dec. 1992.*

Administered numerous senior programs. Developed and facilitated training programs. Supervised ten staff members and large corps of volunteers. Responsibilities included program development, training, grant writing, publicity, budget management, volunteer coordination, field instruction for graduate students. Counseled seniors and their families.

Senior Social Worker, *San Diego Regional Center, San Diego, CA. April 1985 – Sept. 1989.*

Provided needs assessments and counseling services. Coordinated services for developmentally disabled adults and children. Developed a plan for each client using an interdisciplinary team and community resources. Served on numerous committees and task forces.

Social Work Consultant (part-time), *Homestart/SOS Program, San Diego, CA. Oct. 1987 – Jun. 1989.*

Provided therapy to families who abused or neglected their children. Responsibilities included assessment, treatment plan development, intensive individual and family counseling, service coordination and follow-up. Provided staff training, supervision and program evaluation.

Additional Work History

- **Activities Supervisor & Behavior Counselor**, Association for Retarded Citizens, San Diego, CA. Oct. 1982 – April 1985.
- **Conference Coordinator/Social Work Research Assistant**, West Virginia University, Morgantown, WV. May, 1981 – July, 1982.
- **Graduate Intern**, United Way, Area Agency on Aging, Charleston, WV. July – Dec. 1981.
- **Director of Recreational Services**, New Hope Rehabilitation Center, Loch Sheldrake, NY. Dec. 1978 – Aug. 1980.
- **Intern**, Cayuga Family Counseling, Auburn, NY. Jan – May, 1978.

EDUCATION

- **West Virginia University**, Morgantown, WV. Masters in Social Work. May 1982.
- **Eisenhower College**, Seneca Falls, NY. Bachelor of Arts, Sociology and Spanish. May 1978/
- **New York University**, Madrid, Spain. Junior Year Abroad. All courses in Spanish. 1976 – 1977.

References available upon request.